

HEALTHY OPTIONS

Tofu Bowl

Brown Rice, Scrambled Tofu, & Kale
Tomato Relish, Avocado,
Jerk Sweet Potato Tots, Spicy Vegan Aioli
KYD 18

Oatmeal

Choice of Two Condiments:
Brown Sugar, Maple, Banana,
Toasted Coconut, Berry Compote
KYD 10

Granola Bowl

Mixed Berries, Greek Yogurt, Banana
KYD 15

Egg White Frittata

Bell Pepper, Onion, Spinach, Mushroom, Feta
Cheese, Sundried Tomato,
Choice of Toast
KYD 18

Shakshuka

Two Baked Eggs in Spicy Tomato Stew,
Spinach, Feta, Grilled Sourdough Bread
KYD 18

Fruit Plate

KYD 20

ISLAND FAVORITES

Jerk Chicken Hash

Two Eggs Any Style, Sweet Potato Tots,
Bell Peppers, Onions
KYD 18

Breakfast Tacos

Scrambled Eggs, Bacon,
Sweet Potato Hash Brown,
Cheddar Cheese, Pico de Gallo,
Cilantro Sour Cream
KYD 18

Guava Pancakes

Whipped Mascarpone, Pecan Crumble
KYD 16

Coconut Waffle

Pineapple Chutney, Coconut Syrup
KYD 16

Stuffed Mango French Toast

Mango Chutney & Gel
KYD 18

THE CLASSICS

Eggs Benedict

House-made Canadian Bacon, Hollandaise
KYD 20

Two Eggs Any Style

Choice of Bacon, Ham or smoked maple
Sausage and a Choice of Toast
KYD 18

Create Your Own Omelet

Choice of Cheddar, Mozzarella, Mushrooms,
Onions, Bell Peppers, Tomatoes, Spinach, Ham,
Bacon, Sausage, Smoked Salmon,
Choice of Toast
KYD 18

Breakfast Sandwich

Ciabatta Bread, Two Scrambled Eggs,
Swiss Cheese, Onion Bacon Jam,
Arugula, Sundried Tomato Aioli
KYD 18

Avocado Toast

Multigrain Bread, Two Poached Eggs,
Tomato Relish, Arugula, Pesto,
Balsamic Reduction,
KYD 22

Enhancements:

Smoked Salmon
KYD 8

Applewood Smoked Bacon
KYD 6

Turkey Bacon
KYD 8

SEVEN MILE BREAKFAST BUFFET

Chef's Selection of Hot Items
Organic Eggs and Omelets Made To Order
Assorted Breads and Pastries
Smoked Salmon, Cheese and Charcuterie Boards, Granola
Selection of Fresh Juices & Smoothies
Adults KYD 38
Children (12 & under) KYD 20

CHERRY TOMATO

KYD 3

FRESH SLICED 1/2 AVOCADO

KYD 4

BAKERY

Choice of: White, Wheat,
Multigrain, Sourdough,
English Muffin or Bagel
KYD 5

SWEET POTATO HASH

KYD 6

SIDES

MIX FRUIT BOWL

KYD 6

BERRY BOWL

KYD 10

GREEK YOGURT

KYD 5

ARUGULA SALAD

KYD 4

SMOKED MAPLE SAUSAGE

KYD 5

SMOKED SALMON

KYD 8

APPLEWOOD SMOKED BACON OR TURKEY BACON

KYD 6

PASTRY BASKET

Selection of Chocolate Croissant,
Muffins, Danish & Croissant
KYD 12

FRESH FROM THE PRESS

Orange or Pineapple or Melon
Carrot or Watermelon
KYD 8

Seven's Signature: The Green
Celery, Spinach, Cucumber,
Green Apple
KYD 10

Cayman Sunrise
Orange, Carrot, Ginger, Lemon
KYD 10

IMMUNE SHOT OF THE DAY

KYD 4

BREAKFAST COCKTAILS

Mimosa
Orange, Pineapple, Mango, Pina Colada
KYD 16

Sangria Lemonade
KYD 16

Watermelon Aperol Spritz
KYD 16

HOT BEVERAGES

Lavazza Coffee or Espresso
KYD 5

Lavazza Cappuccino
KYD 6

Selection of Tea
KYD 5

BREAKFAST SMOOTHIES

Strawberry or Banana
or Mango
KYD 10

Green Pina Colada
Pineapple, Coconut Milk, Banana,
Low Fat Greek Yogurt,
Honey, Spinach
KYD 10

Mango Banana Oat Smoothie
Oats, Yogurt, Mango, Banana, Milk
KYD 10

Berry Boost Smoothie
Berries, Banana, Almond Milk,
Flax Oil, Honey, Cinnamon
KYD 10

GLUTEN-FREE DINING Please ask your server for details. Please inform your server of any allergies or dietary restrictions.

The Ritz-Carlton, Grand Cayman is proud to support "Cayman Sea Sense" by only purchasing seafood from sustainable sources.

All prices are quoted in KYD and charged in USD (1 KYD = 1.25 USD).
For your convenience, a 20% Service Charge will be added to your check.