

HEALTHY OPTIONS

Seven Vegan Power Bowl

Garlic Quinoa, Kale, Mushroom, Spiced Sweet Potato, Caramelized Onion, Vegan Curry Mayo, Vegan Eggplant Sausage
KYD 22

Granola Bowl

Berries Greek Yogurt, House Made Granola, Mix Berries
KYD 17

Egg White Frittata

Zucchini, Caramelized Onion, Spinach, Mushroom, Feta Cheese, Sundried Tomato Salad
Choice of Toast
KYD 22

Çilbir

Poached Egg, Garlic Yogurt, Mint & Dill Seasoning Peppers Flakes, Naan Bread
KYD 16

Shakshuka

Two Poached Eggs in Spicy Tomato Sauce
Scotch Bonnet, Spinach, Feta, Za'atar Croissant
Toast
KYD 20

ISLAND FAVORITES

Cassava Waffle

Poach Egg, Mozzarella Cheese, Watercress, Smoked Salmon, Sofrito Aioli
KYD 22

Corned Beef Hash

House Made Corned Beef, Spinach, Maduros, Two Egg Any Style
KYD 25

Breakfast Burrito

Scrambled Eggs, Smoke Pork Sausage, Guacamole, Jalapeno, Cilantro, Cheddar Cheese
KYD 20

Seven Pancakes

Hibiscus Syrup, Pistachio, Mascarpone
KYD 18

Blood Orange French Toast

Rum Syrup, Whipped Cream, Blood Orange, Berries
KYD 22

Cayman Steel Cuts Oats

Mango Chutney & Coconut Syrup
KYD 13

THE CLASSICS

Eggs Benedict

House-made Canadian Bacon, Hollandaise
KYD 22

Two Eggs Any Style

Choice of Bacon, Ham or smoked maple Sausage and a Choice of Toast
KYD 22

Create Your Own Omelet

Choice of Cheddar, Mozzarella, Mushrooms, Onions, Bell Peppers, Tomato, Spinach, Ham, Bacon, Sausage, Smoked Salmon,
Choice of Toast
KYD 22

Avocado Toast

Croissant, Two Poached Eggs, Chili Honey, Cottage Cheese, Cherry Tomato, Garden Salad
KYD 24

Fruit Plate

Tropical Fruits
KYD 22

SEVEN MILE BREAKFAST BUFFET

Chef's Selection of Hot Items
Organic Eggs and Omelets Made To Order
Assorted Breads and Pastries, Granola
House Smoked Salmon, Cheese and Charcuterie Boards,
Selection of Fresh Juices & Smoothies
Adults KYD 42
Children (12 & under) KYD 25

GREEN SALAD

KYD 5

FRESH SLICED 1/2 AVOCADO

KYD 5

BAKERY

Choice of: White, Wheat, Multigrain, Sourdough, English Muffin or Bagel
KYD 5

SWEET POTATO HASH

KYD 6

SIDES

MIX FRUIT BOWL

KYD 6

BERRY BOWL

KYD 12

YOGURT

Plain KYD 5
Greek KYD 7

HALF GRILLED TOMATO

KYD 4

SMOKED MAPLE SAUSAGE

KYD 5

HOUSE SMOKED SALMON

Lemon & Caper Cream Cheese, Red Onion, Citrus
KYD 12

APPLEWOOD SMOKED BACON

OR TURKEY BACON

KYD 6

PASTRY BASKET

Selection of Chocolate Croissant, Muffins, Danish & Croissant
KYD 12

FRESH FROM THE PRESS

Orange or Pineapple or Melon

Carrot or Watermelon
KYD 10

Seven's Signature

Celery, Spinach, Cucumber, Green Apple
KYD 10

Cayman Sunrise

Orange, Carrot, Ginger, Lemon
KYD 10

HOT BEVERAGES

Selection of Tea
Lavazza Coffee or Espresso
KYD 6

Lavazza Cappuccino
KYD 7

BREAKFAST COCKTAILS

Buffalo On The Beach

Brewed Coffee, Buffalo Trace Bourbon, Irish Cream
KYD 12

Aperol Spritz

KYD 16

Mimosa

Assorted Flavors
KYD 16

CHAMPAGNE/SPARKLING

Moet Chandon Imperial Brut
KYD 33 / 165

Chandon Garden Spritz
KYD 18 / 90

BREAKFAST SMOOTHIES

Green Piña Colada

Pineapple, Coconut Milk, Banana, Low Fat Greek Yogurt, Honey, Spinach
KYD 12

Mango Banana Oat Smoothie

Oats, Yogurt, Mango, Banana, Milk
KYD 12

Berry Boost Smoothie

Berries, Banana, Almond Milk, Honey, Cinnamon
KYD 12

IMMUNE SHOT OF THE DAY

KYD 4

GLUTEN-FREE DINING Please advise your server of any allergies or dietary restrictions.

The Ritz-Carlton, Grand Cayman is proud to support the local farmers and fishermen in creation of our menus, as well supporting "Cayman Sea Sense" by only purchasing seafood from sustainable sources.

All prices are quoted in KYD and charged in USD (1 KYD = 1.25 USD).

For your convenience, a 20% Gratuity will be added to your bill