

HEALTHY OPTIONS

Seven Vegan Power Bowl

Garlic Quinoa, Kale, Mushroom, Spiced Sweet Potato, Caramelized Onion, Vegan Curry Mayo, Vegan Eggplant Sausage.
KYD 22

Granola Bowl

Greek Yogurt, House Made Granola, Mix Berries
KYD 15

Egg White Frittata

Bell Pepper, Onion, Spinach, Mushroom, Feta Cheese, Sundried Tomato, Choice of Toast
KYD 22

Salmon Waffle Poke

House-Smoked Salmon, Marinated Soft Boiled Egg, Avocado, Edamame
KYD 22

Cayman Steel Cuts Oats

Mango Chutney & Coconut Syrup
KYD 12

Shakshuka

Two Poached Eggs in Spicy Tomato Stew, Spinach, Feta, Grilled Multigrain Bread
KYD 20

Fruit Plate

KYD 22

ISLAND FAVORITES

Ackee & Saltfish

Bammy, Charred Scallion, Salted Cod Fish
KYD 22

Stuffed Mango French Toast

Mango Chutney & Gel
KYD 18

Guava Pancakes

Whipped Mascarpone, Pecan Crumble
KYD 16

All About Banana

Banana French Toast, Banana Brûlée, Banana Crème Anglaise
KYD 16

Breakfast Tacos

Scrambled Eggs, Chorizo, Sweet Potato Hash Brown, Cheddar Cheese, Pico de Gallo, Cilantro Sour Cream
KYD 20

Huevos Rancheros

Two Fried Eggs, Refried Beans, Fire Roasted Salsa, Avocado, Pico De Gallo, Queso Fresco
KYD 20

Focaccia Panini

Scrambled Eggs, Smoke Gouda, Sofrito Aioli, Crispy Bacon, Caramelized Onion, Arugula
KYD 20

THE CLASSICS

Eggs Benedict

House-made Canadian Bacon, Hollandaise
KYD 22

Two Eggs Any Style

Choice of Bacon, Ham or smoked maple Sausage and a Choice of Toast
KYD 22

Create Your Own Omelet

Choice of Cheddar, Mozzarella, Mushrooms, Onions, Bell Peppers, Tomato, Spinach, Ham, Bacon, Sausage, Smoked Salmon, Choice of Toast
KYD 22

Corned Beef Hash

House-made Corned Beef, Fingerling Potatoes, Two Eggs Any Style
KYD 22

Avocado Toast

Multigrain Bread, Two Poached Eggs, Tomato Relish, Arugula, Pesto, Balsamic Reduction,
KYD 22

Vegan Enhancements:

Vegan Eggplant Sausage

KYD 10

Tofu

KYD 8

SEVEN MILE BREAKFAST BUFFET

Chef's Selection of Hot Items
Organic Eggs and Omelets Made To Order
Assorted Breads and Pastries, Granola
House Smoked Salmon, Cheese and Charcuterie Boards,
Selection of Fresh Juices & Smoothies

Adults KYD 42
Children (12 & under) KYD 25

CHERRY TOMATO

KYD 4

FRESH SLICED 1/2 AVOCADO

KYD 5

BAKERY

Choice of: White, Wheat, Multigrain, Sourdough, English Muffin or Bagel
KYD 5

SWEET POTATO HASH

KYD 6

SIDES

MIX FRUIT BOWL

KYD 6

BERRY BOWL

KYD 12

YOGURT

Plain KYD 5
Greek KYD 7

ARUGULA SALAD

KYD 4

SMOKED MAPLE SAUSAGE

KYD 5

HOUSE SMOKED SALMON

Lemon & Caper Cream Cheese, Red Onion, Citrus
KYD 12

APPLEWOOD SMOKED BACON OR TURKEY BACON

KYD 6

PASTRY BASKET

Selection of Chocolate Croissant, Muffins, Danish & Croissant
KYD 12

FRESH FROM THE PRESS

Orange or Pineapple or Melon Carrot or Watermelon
KYD 10

Seven's Signature

Celery, Spinach, Cucumber, Green Apple
KYD 10

Cayman Sunrise

Orange, Carrot, Ginger, Lemon
KYD 10

IMMUNE SHOT OF THE DAY

KYD 4

BREAKFAST COCKTAILS

Chilly Chai

Gun Bay Vodka, Cold Brew Coffee, Chai Syrup, Cream
KYD 12

Buffalo On The Beach

Brewed Coffee, Buffalo Trace Bourbon, Irish Cream
KYD 12

Watermelon Aperol Spritz

KYD 16

Mimosa

Assorted Flavors
KYD 16

HOT BEVERAGES

Lavazza Coffee or Espresso
KYD 6

Lavazza Cappuccino
KYD 7

Selection of Tea
KYD 6

BREAKFAST SMOOTHIES

Strawberry or Banana or Mango
KYD 12

Green Piña Colada

Pineapple, Coconut Milk, Banana, Low Fat Greek Yogurt, Honey, Spinach
KYD 12

Mango Banana Oat Smoothie

Oats, Yogurt, Mango, Banana, Milk
KYD 12

Berry Boost Smoothie

Berries, Banana, Almond Milk, Flax Oil, Honey, Cinnamon
KYD 12

GLUTEN-FREE DINING Please advise your server of any allergies or dietary restrictions.

The Ritz-Carlton, Grand Cayman is proud to support the local farmers and fishermen in creation of our menus, as well supporting "Cayman Sea Sense" by only purchasing seafood from sustainable sources.

All prices are quoted in KYD and charged in USD (1 KYD = 1.25 USD).

For your convenience, a 20% Gratuity will be added to your bill